

Master of Theology Degree in Spiritual Care



www.CAPSTONEUniversity.org

The Master Spiritual Care Practitioner

The School of Spiritual Care

The **CAPSTONE Master of Theology Degree in Spiritual Care** is crafted to enable professional care providers to broaden their educational scope to address not only the biological, psychological, and sociological needs of those they serve but also their spiritual needs. This program is specifically designed for a wide range of professionals including pastors, spiritual directors, ministers, clergy, chaplains, nurses, physicians, counselors, social workers, first responders, military personnel, interfaith spiritual care providers, and others interested in enhancing their expertise and skills in spiritual care. It offers a multidisciplinary approach, equipping participants with the knowledge and tools necessary to provide comprehensive care that encompasses the full spectrum of human needs.

4 Required Courses | 5 Electives | 2 Units of CPE | 1 Thesis

Within the M.TH. In SC you will engage with:

REQUIRED COURSES

There is a set number of Required Courses. The required courses titles, and descriptions follow.

ELECTIVE COURSES

Electives, when included in the requirements for an academic Degree, may include any 300-Level courses from Chaplaincy, Spiritual Care, Spiritual Direction, Clinical Pastoral Psychotherapy, or Thanatology.

UNITS of CPE

Some of the students will already have taken 1, 2, 3, or 4 units of CPE elsewhere, and that is ok. Those units you have taken elsewhere, upon approval, will count towards your academic Degree. If you are still in need of 1, 2, 3, or 4 units of CPE in order for you to obtain the required 4 for the Doctorate, or 2 for the Master, we utilize the Graduate Academy of CPE Supervision (GACS).

GACS CPE

A bold statement indeed, however, we see our **Graduate Academy of CPE Supervision** as the only existing CPE program in the world that utilizes ALL of the areas emphasized in the Education / Teaching / Supervision of Clinical Pastoral Education & Training (CPE) including: Formation of the Chaplain/Pastor/Spiritual Care Provider, SCA's 19 Quality Indicators, Skills & Abilities from the Field, Psychodynamic Psychotherapeutic Chaplaincy, Character First, Family Systems, Existential/Theological/Philosophical Reflection, Bio-Psycho-Socio-Spiritual (Holistic) Chaplaincy, Interfaith Multifaith Chaplaincy, and What it means to be a Spiritually Literate Chaplain. From Anton Theophilus Boisen & Richard Clarke Cabot (1923) to Best Practices (2024) with an emphasis in Spiritually Integrated Chaplain Functioning.





M.TH. in SC | 45 Credits

4 Required Courses | 5 Electives | 2 Units of CPE | 1 Thesis

The **CAPSTONE Master of Theology Degree in Spiritual Care** provides students the skill set and knowledge to seek to integrate concepts of spirituality and spiritual care into their professional practice in a variety of settings including health care, the military, first response, business, corrections, and the community.

The **M.TH. in Spiritual Care** coursework is designed to combine theoretical and practical learning, emphasizing critical thinking, analysis of spiritual care concepts and practice, and the reading and application of research.

The M.TH. in SC Degree Learning Outcomes:

Students will demonstrate knowledge, skills, and dispositions associated with:

- The current state of knowledge regarding the provision of spiritual care, including philosophy, principles, and legal and ethical responsibilities of providers.
- Various settings in which spiritual care can be integrated into practice and the unique needs of those settings.
- Introductory use application of research methods.
- Strategies to advocate for the role of spiritual care providers.
- The design and implementation of spiritual care programs and practices to facilitate integrated chaplaincy care to support clients, organizations, and communities.
- Communication and networking for personal and professional growth, collaboration, leadership, and change management.

Students will participate in courses, assignments with deadlines, and the opportunity to learn with likeminded professionals. The Degree ends with the student writing a **Thesis** that identifies a topic within **Spiritual Care**, investigates it through research, and proposes practical solutions. In addition, general suggestions are made as to how others in their field can practically use the research findings, and other problem areas may be identified for future investigation.

Master-level courses combine taught components with independent research in a student's area of expertise. Students will be challenged and encouraged to utilize specialist knowledge and advanced research skills in each course to evaluate, synthesize, and apply their learning to the field of professional **Spiritual Care**.

Prerequisite: Bachelor Degree

Course Modality: Asynchronous Online and Hybrid Practicum Clinicals





M.TH. in SC | 45 Credits

COST

4 Required Courses | 5 Electives | 2 Units of CPE | 1 Thesis

| Course # | Requirements | Credits | Price |
|----------|--|--------------|-----------------|
| | FEES | | |
| | CAPSTONE Application | | \$75 |
| | CAPSTONE Enrollment | | \$75 |
| | GACS Application | | \$75 |
| | GACS Enrollment | | \$75 |
| | CAPSTONE Technology | | \$275 |
| | CAPSTONE Administrative | | \$500 |
| | CAPSTONE Graduation | | \$275 |
| | 4 REQUIRED | | |
| CH328 | Health Care Ethics | 3C x \$275 = | \$825 |
| CH334 | Powerful Communication Techniques | 3C x \$275 = | \$825 |
| CH335 | Cultural Competence, Inclusion & Vulnerable | 3C x \$275 = | \$825 |
| MT321 | Masters Project and Thesis Writing Course | 3C x \$275 = | \$825 |
| | 5 ELECTIVES | | |
| ELECT1 | Elective ONE | 3C x \$275 = | \$825 |
| ELECT2 | Elective TWO | 3C x \$275 = | \$825 |
| ELECT3 | Elective THREE | 3C x \$275 = | \$825 |
| ELECT4 | Elective FOUR | 3C x \$275 = | \$825 |
| ELECT5 | Elective FIVE | 3C x \$275 = | \$825 |
| | 2 UNITS | | |
| CPE521 | Unit of GACS Clinical Pastoral Education - Unit #1 | 6C x \$275 = | \$1,650 |
| CPE522 | Unit of GACS Clinical Pastoral Education - Unit #2 | 6C x \$275 = | \$1,650 |
| | 1 THESIS | | |
| CTP333 | Capstone Thesis Paper | 6C x \$275 = | \$1,650 |
| | TOTAL | 45 C | \$13,725 |

(Books: Each course may require approximately \$150 for books.)

(Electives: Any 300 Level Course will work here including Chaplaincy, Spiritual Care, or Spiritual Direction.)

| OPTIONAL ADDITIONAL CPE | | | |
|-------------------------|-----------------------------|------|----------------|
| OPTION A | w/ 0 Units of CPE from GACS | 45 C | TOTAL \$11,175 |
| OPTION B | w/ 1 Unit of CPE from GACS | 45 C | TOTAL \$12,523 |
| OPTION C | w/ 2 Units of CPE from GACS | 45 C | TOTAL \$13,725 |
| OPTION D | w/ 3 Units of CPE from GACS | 51 C | TOTAL \$15,375 |
| OPTION E | w/ 4 Units of CPE from GACS | 57 C | TOTAL \$17,025 |





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COURSE DESCRIPTIONS

CH328 Health Care Ethics 3 credits

(No prerequisite required)

Description: This course reviews the ethical and moral challenges in health care with an emphasis on applying research to enhance chaplaincy care in light of diverse patient and family beliefs, values, cultures, and preferences in resolving conflicts and the role and contribution of chaplains as members of an ethics committee.

CH334 Powerful Communication Techniques 3 credits

(No prerequisite required)

Description: This course covers listening skills and methods, effective verbal and non-verbal practices, group communication, conflict resolution, negotiation, and goal clarification.

CH335 Cultural Competence, Inclusion & Vulnerable Populations 3 credits

(No prerequisite required)

Description: This course addresses self-awareness and the professional ability to assess, document, and provide interventions so that persons' beliefs, values, and practices are integrated into their plan of care. This course reviews the needs of vulnerable patient populations, including persons who are non-resident aliens, LGBTQ, homeless, incarcerated, low health literate, and mentally disabled.

ELECT1 Elective ONE 3 credits

ELECT2 Elective TWO 3 credits

ELECT3 Elective THREE 3 credits

ELECT4 Elective FOUR 3 credits

ELECT5 Elective FIVE 3 credits

Description: [Electives](#)

Any 300 Level Course will work here including Chaplaincy, Spiritual Care, Spiritual Direction, Spiritual Care Nursing, and Divinity. Those who are taking electives are subject to what is available each particular Term / Semester. If there is a particular one that you are excited to take, please discuss this with your Academic Advisor.



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COURSE DESCRIPTIONS

MT321 **Master's Project and Thesis Writing** **3 credits**

(No prerequisite required)

Description: The Master's Project and Thesis Writing course aims to foster the development of the core knowledge, skills, and abilities needed to construct a thesis. In this course learners will be guided through a step-by-step process of preparing to write a thesis, writing the Introduction, Literature Review, Methods, Results, and Discussion sections of a thesis, and will also partake in giving peer feedback and editing and revising each section they have produced. Various tools will also be introduced and utilized which will aid in the entire thesis construction process. Additionally, upon completion of this course, students seeking a doctorate will have laid the foundation for their thesis.

CTP333 **Capstone Thesis Paper** **6 credits**

Description: As part of their degree requirements, all SCA CAPSTONE master's students must complete a project, thesis or practicum. The master's thesis option offers graduate students the opportunity to engage in research with a faculty member. A master's thesis document presents the theoretical foundation, methodology, results, and implications of a research endeavor. A thesis project may be a clinical or non-clinical empirical study, methodological study, meta-analysis, systematic review, or a novel analysis of existing data.

| | | | | |
|---------------|------------------------------------|-----------|-------------------|------------------|
| CPE521 | Clinical Pastoral Education | #1 | | 6 credits |
| CPE522 | Clinical Pastoral Education | #2 | | 6 credits |
| CPE523 | Clinical Pastoral Education | #3 | <i>(optional)</i> | 6 credits |
| CPE524 | Clinical Pastoral Education | #4 | <i>(optional)</i> | 6 credits |

Description: SCA CAPSTONE utilizes the Graduate Academy of CPE Supervision (GACS) for teaching Clinical Pastoral Education (CPE). CPE is the experiential component of the Doctoral programs. GACS offers updated, current, contemporary Clinical Pastoral Education and Training. CPE centers in the past have traditionally created dividing lines similar to the silos offered in the medical care industry. CPE cognate groups have fallen victim to the same type of one-upmanship as has befallen many of our religious groups and denominational subtleties today. GACS utilizes all of the major areas such as pastoral psychotherapy, spirituality, skills, formation, interfaith, and multifaith perspectives in its search for the best way that a chaplain or spiritual care provider can offer healing to those in need and in pain. Utilizing a bio-psycho-socio-spiritual perspective the helping professional can draw from many resources in order to assist someone in their spiritual journey. GACS takes CPE back to the days of Boisen and Cabot, yet stays relevant with today's highly competitive market of quality indicators, best practices, and interfaith chaplaincy and spiritual care.



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FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850
or email us at info@CAPSTONEuniversity.org

Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Programs: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master's Programs: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

Professional Specialty Certificate Programs: Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

Clinical Pastoral Education Units: Provided by the **Graduate Academy of CPE Supervision**.

CPE Supervisor Education Fellow Units: Developing future CPE Supervisors / Educators

