

Professional Specialty Certificate Program in Trauma Informed Chaplaincy



www.CAPSTONEUniversity.org

The Professional Trauma Informed Chaplain

The School of Professional Specialty Certificate Programs

The **CAPSTONE Professional Specialty Certificate Program in Trauma-Informed Spiritual Care** provides chaplains, pastoral care providers, and helping professionals with a deep dive into trauma's complexities and its effects on individuals and communities. This integrative program, spread across four detailed courses, equips participants with a solid foundation in trauma-informed chaplaincy, blending theoretical knowledge with practical skills applicable in diverse care environments. Participants will emerge with the expertise to offer compassionate, trauma-informed spiritual care, enhancing their ability to support those affected by trauma.

TRAUMA INFORMED CHAPLAINCY | 4 Credits

4 Required Courses | 0 Electives | 0 Units of CPE | 1 Final Paper

COST

Course #	Requirements	Credits	Price
FEES			
	CAPSTONE Application		\$75
	CAPSTONE Enrollment		\$75
4 REQUIRED			
TI351	Foundations of Trauma-Informed Chaplaincy	1C x \$150 =	\$150
TI352	Infrastructure and Tools of Trauma-Informed Care	1C x \$150 =	\$150
TI353	Specialized Populations and Interaction Techniques	1C x \$150 =	\$150
TI354	Self-Care, Team Support, and Envisioning Healing	1C x \$150 =	\$150
	TOTAL	4C	\$750





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COURSE DESCRIPTIONS

TI351 Foundations and Impact of Trauma-Informed Chaplaincy 1 credit

(No prerequisite required)

Explore the history, terms, and evolution of trauma-informed care, and understand the broad impacts of trauma on individuals and society.

Description: This course combines an introduction to trauma-informed care with an in-depth look at the impact of trauma. Participants will explore the history, terms, and goals of trauma-informed chaplaincy, understanding its evolution and current relevance. The course also delves into the wide-ranging effects of trauma, including historical blindness, societal impacts, and the nuances of Post Traumatic Stress and Post Traumatic Stress Disorder. This foundational knowledge sets the stage for more advanced learning in subsequent courses.

TI352 Infrastructure and Tools of Trauma-Informed Care 1 credit

(No prerequisite required)

Learn the guiding principles of trauma-informed care and gain practical skills in utilizing various tools and techniques for effective practice.

Description: Focusing on the practical aspects of trauma-informed care, this course covers the guiding principles and assumptions essential to this approach. Participants will learn about creating environments conducive to trauma-informed care and explore a variety of tools and techniques, including standardized assessment inventories and interventions. This course equips participants with the knowledge and skills to implement effective trauma-informed practices in their work.

TI353 Specialized Populations and Interaction Techniques 1 credit

(No prerequisite required)

Focus on tailored approaches for children, adolescents, and veterans, and master the skills for meaningful and supportive encounters in chaplaincy.

Description: This course addresses the unique needs of children, adolescents, and military veterans in the context of trauma-informed care. Participants will understand the specific considerations required for these populations and learn tailored approaches and interventions. Additionally, the course covers the art of the encounter in trauma-informed chaplaincy, focusing on preparing and managing the space, assessments, and providing hope and voice to clients.



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COURSE DESCRIPTIONS

TI354 **Self-Care, Team Support, and Envisioning Healing** **1 credit**

(No prerequisite required)

Focus on self-care and team support strategies to prevent burnout and explore methodologies to foster healing and empowerment in trauma-impacted individuals.

Description: The final course emphasizes the importance of self-care and team support in preventing burnout among chaplains and their teams. It explores the relationship between trauma and burnout, offering strategies for maintaining mental health. The course also devles into envisioning a healing future, discussing the potential for healing from trauma, strategies for stress mitigation, reconnection, and empowering clients towards a ‘new normal’.

Professional Specialty Certificate Programs

Professional Specialty Certificates for Spiritual Care Professionals

Professional Specialty Certificate in	Alcohol & Recovery Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	First Responder Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Geriatric and Elder Care	(4 credits)	(\$750)
Professional Specialty Certificate in	Hospice Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Managing the		
	Spiritual Care Department	(4 credits)	(\$750)
Professional Specialty Certificate in	Palliative Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Pediatric Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Nursing	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritually Informed Social Work	(4 credits)	(\$750)
Professional Specialty Certificate in	Trauma Informed Chaplaincy	(4 credits)	(\$750)





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FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at info@CAPSTONEuniversity.org

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Degrees: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master Degrees: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

Professional Specialty Certificate Programs: Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

Clinical Pastoral Education Units: Provided by the **Graduate Academy of CPE Supervision**.

CPE Supervisor Education Fellow Units: Developing future CPE Supervisors / Educators

Executive Diploma Programs

Executive Diplomas for Spiritual Care Professionals

Executive Diploma in	Adult Education and Learning	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Coaching	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Integrated Psychotherapy	(12 credits)	(\$2,300)
Executive Diploma in	Hospice & Palliative Care Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Military Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Pediatric Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care Nursing	(12 credits)	(\$2,300)
Executive Diploma in	Psychospiritual Transformational Change:		
	The Satir Model	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care	(12 credits)	(\$2,300)
Executive Diploma in	Clinical Pastoral Education:		
	Supervisor Education Fellow	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Informed:		
	Social Work Practice	(12 credits)	(\$2,300)
Executive Diploma in	Thanatology: The Study of Death	(12 credits)	(\$2,300)
Executive Diploma in	Health Care Ethicist Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Worship Leadership	(12 credits)	(\$2,300)

